



WHAT IS UPWARD BOUND?

Upward Bound has been active at UVA-Wise since 1967 and is a pre-college program that currently serves eligible students enrolled at three high schools in Wise and Dickenson counties: Central, Eastside, and Clintwood. The mission of the program is to provide participants with academic and social opportunities to improve their pre-college performance in pursuit of their higher education goals. Students are required to commit to being college-bound and to pursue an Associate's and/or Bachelor's degree from the college of their choice. The program is fully funded by the U.S. Department of Education.

WHO IS ELIGIBLE?

Students must meet the following criteria to participate in Upward Bound at UVA-Wise:

- ✓ Students must be in the 9th, 10th, or 11th grade, and,
- ✓ Students must be enrolled at a high school served by the program (Central, Eastside, or Clintwood), and,
- ✓ Neither of the student's parents can hold a four-year college degree, OR,
- ✓ The student's household must not exceed income levels as specified by the U.S. government.

HOW MUCH DOES IT COST?

\$0! Upward Bound is a federally funded program that pays for ALL expenses and activities for participants. Students also receive a stipend for their participation in the program!



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WHAT SERVICES ARE PROVIDED?

Upward Bound provides a wide range of services for participants that are intended to improve their academic performance, build social skills, and ease the transition between high school and college.

ACADEMIC YEAR

- ✓ Monthly tutorial sessions at UVA-Wise
- ✓ Access to 24/7 tutoring services
- ✓ Dual enrollment tuition
- ✓ Pre-college testing registration and fee waivers
- ✓ College application and financial aid assistance
- ✓ College tours
- ✓ Cultural activity trips
- ✓ Career coaching
- ✓ Life skills workshops
- ✓ Participation stipend

SUMMER PROGRAM

- ✓ Residential summer program designed to simulate college life
- ✓ Academic classes led by local teachers to prepare students for the coming school year
- ✓ LOTS of fun social and cultural activities
- ✓ Access to UVA-Wise facilities
- ✓ End-of-summer trip to destinations such as Washington, D.C., Cincinnati, OH., Hershey, PA., Virginia Beach, VA., etc.

BRIDGE PROGRAM

- ✓ Residential summer program for UB students that just graduated high school and are enrolled in college for the coming year
- ✓ Students enroll in two summer session college courses (tuition and books paid for by UB)
- ✓ Eligible to participate in the regular summer program activities and trips



HOW DO I APPLY?

- ✓ See your high school guidance counselor for an application
- ✓ Contact the Upward Bound office via:
 - Phone - 276.328.0175
 - Email - jam5bt@uvawise.edu
 - Facebook.com/upward.bound.10

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